



Tribeni Bado NEWSLETTER



Vol 46 Issue 7 OFFICIAL PUBLICATION OF THE ALPHA PHI OMEGA GREATER LOS ANGELES ALUMNI ASSOCIATION

JULY 2026



Brothers posing for the camera before the start of the Pickleball Tournament held at Skyline Ranch Park in Santa Clarita, CA last June 20, 2026

1ST APOGLA PICKLEBALL TOURNAMENT

Amazingly completed smoothly and in record time!

By Sis. Fely Logarta-Montecillo

APOGLA held its first ever Men's Double Pickleball tournament at the Skyline Ranch Park in Santa Clarita, CA last June 20, 2026. The tournament was sponsored by LBC Express.

Pickleball is a sport that's getting to be very popular all over the country. It's a sport that's a mixture of badminton, tennis, and table tennis. It's played on a badminton-sized court and with a net that resembles tennis, and uses paddles which are larger than those in table tennis. It also uses a plastic ball with holes in it.

Pickleball's fame is attributed to its easy-to-learn, hard-to-master nature. It can be played by anybody at any age, at any fitness level at very little cost. These are the reasons the sport has caught the attention of APOGLA.

Twelve brothers signed up for the tournament namely: Bro. Bernard Gopez, Bro. Rene Yenke, Bro. Domel Evangelista, Bro. Bobet Lara, Bro. Jerome Paggao, Bro. Art Rivera, Bro. Dony Rondilla, Bro. Sancho Sy, Bro. Jun Linsangan, Bro. Rene Calvario, Bro. Rey Padua and Bro. Lito Tarculas.

Since this was the first time most of the players played against each other, a system was needed to rank the capabilities of each player. Three rounds of rotating partner games and cumulative scoring of each player was played to establish ranking. Six teams were created according to the result of how each player had cumulatively scored. Ranked Teams 1 thru 4 played a single round robin format for the championship round. Ranked Teams 5 and 6 played for the consolation round.

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PRESIDENT'S MESSAGE



HAPPY 4TH OF JULY!

On July 4th 1946, the United States officially recognized the independence of the Philippines. Just a few years later, in 1950, Alpha Phi Omega expanded to the Philippines, establishing its first international footprint. Today, Alpha Phi Omega of the Philippines is a massive, independent national organization with hundreds of chapters, making July 4th a deeply respected historical milestone for the global brotherhood. Founded by Frank Reed Horton on the principles of the Boy Scouts of America, APO places a heavy emphasis on citizenship and civic duty. The 4th of July serves as an annual reminder of the 'Duty to Country' embedded in the fraternity ideals.

As the summer season starts in June, a pickleball tournament led by Bro Bernard Gopez, immediately followed by our General Membership Meeting at Bro Buddy and Sis Eva Salvador at their respective home of abode. Thank you Bro Buddy and Sis Eva for hosting the event.

Next is our Family and Friends Game Night at Rosemead Masonic Center last July 11th, featuring Poker and Mahjong enjoyed by our Brothers and Sisters. Several of our Sisters even had the chance to learn the games for the first time, adding to the fun and camaraderie of the evening. Thank you Brothers and Sisters for the support.

Please join us this Saturday, July 18 for our community blood drive, then stay for our general membership meeting right after.

Let's do this TOGETHER!

At your service,
BRO JOBEE JOVELLANOS
0413-85-14657
APOGLA 2026



Tribo ni Bado Newsletter

is a monthly publication of the Alpha Phi Omega Greater Los Angeles Alumni Association for its members, families and friends. The opinions expressed herein are those of the writers, and are not intended to represent APOGLAAA.

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Surround Yourself with Attractive People!

By Bro. Ferdie Yambot

Have you ever wondered why you act more finely/elatedly when in the company of attractive people? It's science, if you can believe it! I dare you to try it for yourself so you can later on analyze your own actuations and how it feels to be with beautiful people, especially those you are attracted to (better still if the attraction is mutual!).



Attraction fundamentally shifts your social behavior leading you to become subconsciously more attentive, expressive and accommodating.

Feelings of interest alter your usual manners to make yourself more approachable and to draw the other person in. The influence manifests in several distinct shifts in behavior, i.e.

- Heightened politeness and formality - you become hyper-aware of your social graces, fostering openness to good possibilities.
- Increased attentiveness – drastic improvement of listening skills; making sustained eye contact, nod along actively and remember small personal details they share.
- Subconscious mirroring – you naturally adapt your posture, speech patterns and mannerisms to match theirs
- Softened vocal tone and body language – your voice may soften or raise in pitch to become more open, i.e. leaning forward to convey warmth and keen interest.
- The Attractiveness Halo Effect – a cognitive bias where observers unconsciously assume that physically attractive people possess other positive unrelated traits such as being smarter, kinder and more competent.

The fundamental concept of “What is beautiful is Good!” almost always becomes justifiable aptly as this attitude/feeling is nurtured, regardless of how you perceived yourself. As for myself, I firmly believe it's true. And frankly, while I may look to some as homely (much better at younger age... ha ha ha), all I could assure people is that “my beauty is on the inside” And I always look for my like-feathers.... I trust and know there's a lot in GLA.... Where EAGLES Flock.... One law of nature, violated!

I am watching U, watching Me! Ha! ha! ha!

- *Bro. FerdieMY*

CONGRATULATIONS!

Congratulations to the all the winners of the recently held **APO Golf Club USA** tournament last July 11, 2026 at **Eagle Glen Golf Course** in Corona, CA. Fellowship hosted by the **East Group** at Bro. Angel Pangilinan's place. **APOGolf Club USA** is composed of APO golfers from the Southern California region affiliated or non-affiliated with any APO Alumni Association. It holds almost monthly tournaments alternately hosted by 4 groups divided into North, South, East and West Groups. It also competes with the Northern California brethrens once a year ala Ryder Cup style competition.

Special mention to **APOGLA golfers** for capturing most of the category class titles:

Overall Low Net Champion	- Beeboy Mansilla - 68
Class A Champion:	- Bobet Lara - 69
Runner-up:	- Raul Medina - 75
Class B Champion:	- Boy Medina - 72
Runner-up:	- Raul Sambitan - 75
Class C Champion:	- Lito Tarculas - 69
Runner-up:	- Rocky Marte - 69



1st APOGLA Pickleball Tournament

Continued from page 1

After a very exciting, thrilling and hard fought tournament the winners were:

Champions: Team Bernard Gopez/Sancho Sy
 1st Runner-up: Team Jerome Paggao/Domel Evangelista
 2nd Runner-up: Team Bobet Lara/Rey Padua

3rd Runner-up: Team Rene Yenke/Jun Linsangan
 4th Runner-up: Team Art Rivera/Dony Rondilla
 5th Runner-up: Team Rene Calvario/Lito Tarculas

Due to the success of the tournament, plans are afoot that more tournaments of the sport will be held in the future. After the tournament, the players proceeded to Brod Buddy Salvador's place to attend the June GMM and for the awarding.

Source: Bernard Gopez



**Pictures from June General Membership Meeting
@Brod Buddy & Eva Salvador's Place in Santa Clarita, CA**



Pictures from APOGLA Family & Friends Game Night at the Rosemead Masonic Center, July 11, 2026





OBITUARY

Our condolences, our thoughts and our prayers to the following families for the passing of their loved ones:

*To Bro Lester Arevalo and family for the passing of his mother **Naida Tempongko Arevalo** (April 25, 1933 - July 11, 2026). Visitation starts 5pm on July 23, 2026 at Forest Lawn - Hollywood Hills. Funeral Service from 12noon - 1pm on July 24, 2024 at Church of the Hills, Forest Lawn - Hollywood Hills*



*To Sis Ruth Manalastas and family for the passing of her mother **Adelina Custodio Manalastas** (January 17, 1953 - July 5, 2026). Interment will be held at Garden of Memories, Pateros, Metro Manila.*

*To Alpha Chapter and everyone who knows **Brother Andre Porlas, Alpha '63-'64 Grand 24 Batch** (January 3, 1940-June 27, 2026). Batch mate of our late **Bro. Tony Amon**. He died in the Philippines but used to be a member of APO Metro Houston.*



*To Epsilon Chapter, his kababata Bro Sancho Sy, Bro. Yusup Maidin, Bro Rene Jayoma from Mag. Torres, Bacood, Sta Mesa and everyone who knows **Bro. Romy "Ang Maestro" Caneja**, Epsilon Batch '82 for his passing last July 11, 2026 in Polomolok, South Cotabato. He was one super active APO brother who exemplified the true meaning of LFS.*

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them

UPCOMING EVENTS

- **BLOOD DONATION DRIVE/ JULY GMM**
8am - 4pm Saturday, July 18, 2026 at the ROSEMEAD MASONIC CENTER
July GMM to follow soon after
- **BUSCAPADE 2**
8am Saturday, August 15, 2026 pickup at the ROSEMEAD MASONIC CENTER
- **AUGUST GMM (Operation Gratitude tentative in the morning)**
August 22, 2026 at SIS. EMMA GALANG'S PLACE
- **APO-ACNA QUARTERLY MEETING (FALL)**
September 4-7, 2026 hosted by APO CVC at Crowne Plaza Hotel, Foster City, CA
- **4TH BRO. GEOFFREY ARROYO HEAL THE BAY SERVICE AND GMM**
September 19, 2026 - Seal Beach, CA

APO-Kids Making Us Proud: Celebrating Achievements and Faith

By Brod Dony Rondilla

Bro. Sanch Gerald Sy: From Uncertain Beginnings to a Life of Purpose

[Bro. Sanch Gerald Sy is the son of Bro. Sancho and May Sy]

Success is rarely a straight path, and Bro. Sanch Gerald Sy is living proof that perseverance can turn setbacks into remarkable achievements.

After spending two years studying nursing at California State University, Los Angeles, Sanch found himself at a crossroads. Following his pledge to Alpha Phi Omega in 2009, he continued his nursing education in the Philippines, graduating with a Bachelor of Science in Nursing from Mountain View College in Bukidnon, a rigorous Seventh-day Adventist institution. While there, he became active in APO Philippines and was instrumental in the chartering of the Kappa Xi Chapter.

Returning to California brought another challenge. Because of additional educational requirements for foreign nursing graduates, Sanch was unable to take the NCLEX immediately. Refusing to let the setback define him, he earned his Licensed Vocational Nurse (LVN) license and began working at Kaiser Permanente Panorama City. Through Kaiser's employee education program, he completed the required coursework at Glendale Community College, qualified for the NCLEX, and successfully became a Registered Nurse.

Sanch married Charisse Batugo, a Clinical Director at A Change in Trajectory of Southern California and blessed with two sons, Chowee (6) and Isse (3). As a devoted husband and father, Sanch continued to grow both personally and professionally. Encouraged by colleagues at Olive View—UCLA Medical Center, he pursued graduate studies and, through determination and hard work, achieved his goal of becoming a Psychiatric-Mental Health Nurse Practitioner (PMHNP).

Bro. Sanch's journey is a powerful reminder that obstacles do not define our future—our perseverance does. His story embodies the Alpha Phi Omega ideals of leadership, friendship, and service, inspiring others to keep moving forward no matter how difficult the path.



FROM MY POINT OF VIEW

Community Engagement Towards Community Building

By Bro. Dan Estabillo Nino

(Editor's Note: Here's reprinting Brod Dan E. Nino's message to his fellow journalists and dignitaries on the occasion of his inauguration as President of the Philippine Global Media Group to be held on August 8, 2026 at Sheraton Hotel Cerritos. It is also noted that our late APO Brod Manny Ilagan is the founder of this press club. He used to cover the tourism beat).



On behalf of our Philippine Global Media Group, I'd like to convey my heartfelt thanks to our honored guests, dignitaries and sponsors who are participating in our Induction Ball, Gala Night and 3rd Anniversary Celebration. Your presence tonight is heartwarming. It affirms our partnership in community building. It's also a testament that our role as members of the Fourth Estate is valued.

When I was first invited by two of the founding fathers and stalwarts of our organization: Founding Board Chairman Manny Ilagan and Founding President Val G. Abelgas, I envisioned my role only as a foot soldier to carry out orders and fulfill missions whatever are assigned to me. I immediately got down to brass tacks. We registered our organization as a public benefit and 501(c)3 tax-exempt nonprofit corporation.

Thereafter, I filled the roles as secretary doubling as compliance officer. Upon the untimely passing of my fraternity Brod Manny, I assumed the role as board chairman. After three years, here I am with a BIG responsibility ahead. I'm humbled.

Among our early accomplishments are: Providing a supplemental scholarship grant to a college-bound student and joining the move to rename the Echo Park branch of the Los Angeles Library to Carlos S. Bulosan Library in Los Angeles Historic Filipino Town. This is now under consideration by the City of Los Angeles.

We also launched the book, "California: A Philippine Territory Almost" authored by our board member and editor-in-chief of Philippine News Today, Alfred G. Gabot as a tribute to the famous Filipino writer, minority rights fighter and labor union activist Carlos S. Bulosan known for his book, "America is in the Heart."

As journalists, we can shape public opinion for the betterment of our community in both our adoptive country and in the homeland. We can communicate our observations about the global Filipino diaspora. We are here to listen, to inspire, to enlighten, to empower and engage productively.

As part of our community engagement in our vibrant community, we participated during the recent Philippine Heritage Baseball Game Night. Our compatriot comedian Jo Koy threw the first ceremonial pitch. It also brings to mind when the Dodger Organization invited me as then president of the now-defunct Filipino-American Press Club in 1991 to throw the ceremonial first pitch along with another community leader. This just manifested that our Filipino-American community is to be reckoned with. That our mainstream American institutions also recognize our strength and presence.

Another historical milestone is the election of three council members to the City Council of Cerritos who are of Filipino heritage. There are also other Filipino-Americans who are now occupying elected positions in both the state and local governments. We have planted the seeds and these seeds are now bearing fruits. This is community building at its best.



GOINGS ON by Sis. Fely Logarta-Montecillo

Wow! Can you believe it that we're more than halfway through 2026 already? I hate to say the overused term time flies but it does! Anyway, we just have to grin and bear it I guess.

The month of July was originally named Quintilis, Latin for the fifth month but the Roman Senate later named it to honor the Roman general and statesman Julius Caesar in 44 B.C.

July has two star signs, Cancer (July 1 to 22) and Leo (July 22 and onward).

Cancer is symbolized by the crab with a hard shell and a soft under-belly. As to their personality, they are tough and protective on the outside but nurturing and emotional on the inside. They are also determined.

Leo, on the other hand, is symbolized by the Lion. Leos are famously confident, charismatic, and passionate natural leaders who love the spotlight and possess generous hearts.

So to our Cancer and Leo brothers and Sisters out there, HAPPY BIRTHDAY as all of you make the world a better and a brighter place!

The Independence Day of the United States this year is super special as it marks the 250th year, it's Semiquincentennial, Sestercentennial, and Bisesquicentennial!

This was first celebrated in July 4, 1777 and has been 250 years since the signing of the Declaration of Independence. It took 56 signatures to mark the birth of the nation. The nation continues to evolve. This largely depends on its people.

Other important dates to watch out for this month are; International Joke Day, July 1; World Population Day, July 11; Nelson Mandela International Day, July 18; Parents' Day, July 26; World Nature Conservation Day, July 28; and International Day of Friendship, July 30.

Lovers of freedom that we are, APOGLA members formed their own groups to celebrate July 4th.

Members living in the Sta. Clarita area joined the 4th of July parade organized by the community. We admire their fervor that despite the sweltering heat they stepped out of the comfort of their air conditioned homes and joined the celebration.

The Pi Chapter organized a fellowship on said date to observe Freedom Day. Brods Louie and Eric Serrano led the get together and as the photos show, they indeed, had a grand time!

We welcome back Brod Dony Rondilla and wifey, Elsa after their vacation from Japan. Konnichiwa!

TREASURER'S REPORT *By Sis. Cory Alcantara*

- | | | | |
|--|--|---|--|
| <ol style="list-style-type: none"> 1. Agagon, Troy 2. Alcantara, Cory 3. Almazan, Alex*** 4. Almazan, Irma*** 5. Amon, Ophel 6. Angeles, Oscar 7. Ang-Gayon, Melody 8. Ansula, Bong 9. Arabit, Geoffrey 10. Aralar, Rhoderic 11. Araneta, Carlo 12. Arevalo, Lester 13. Argonza, Arvin 14. Atangan, Chito 15. Atienza, Rennel*** 16. & Daemma Mendez*** 17. Atienza, Oscar 18. Bayani, JR 19. Bellosillo, Sylvester 20. Bonete, Malene 21. Cabarles, Boyet 22. Cajucum, Wilfredo 23. Calvario, Rene 24. Carbon, Joel 25. Castillo, Leonardo 26. Cervania, Apolinario 27. Chin, Jun 28. Clarete, Samson 29. Conferido, Reuben 30. Cordova, Jaime 31. Cristobal, Lope 32. Cruz, Jane *otf 33. David, Betta*** 34. David, Chris*** 35. De Leon, Leslie*** 36. De Leon, Vince*** 37. De Vera, Armin 38. Duldulao, Geildy 39. Emperado, Rodelio 40. Evangelista, Jen 41. Fajardo, Malou 42. Fajota, Nestor 43. Fisico, Teodoro 44. Ford, Rebecca 45. Franco, Francis 46. Galang, Emma 47. Ganzon, Eleazar 48. Gervacio, Mary Ann* 49. Gopez, Bernardo 50. Guerrero, Mark 51. Jaranilla, Ogie | <ol style="list-style-type: none"> 52. Javierto, Mandy 53. Jove, Nestor*** 54. Jove, Shirley*** 55. Jovellanos, Jobee*** 56. & Hazel Hermoso*** 57. Junio, Virgil 58. Lacerna, Victor *OTP only 59. Languisan, Paul) 60. Lara, Hadrian 61. Lautchang, Wilson 62. Linsangan, Antonio 63. Lumaque, Framel*** 64. Lumaque, Ghie*** 65. Madrigal, Jun*** 66. Madrigal, Tess*** 67. Maidin, Yusup 68. Mamaril, Ferdinand 69. Mansilla, Beeboy 70. Marte, Rocky 71. Medina, Mishael 72. Mejia, Francis 73. Mendoza, Armando 74. Miranda, Michael*** 75. Miranda, Jemma*** 76. Montecillo, Fely 77. Nguyen, Ruth 78. Nino, Dan 79. NinoFranco, Edgar 80. Noche, Caesar 81. Padua, Rey 82. Paggao, Jerome 83. Pangilinan, Angel 84. Paras, Roland 85. Paredes, Victor 86. Pascua, Dom | <ol style="list-style-type: none"> 87. Pascual, Winston 88. Pastores, Alexander 89. Peneza, Jo 90. Peralta, Hector** 91. Petrasanta, Rene 92. Petreaca, Petchie 93. Picazo, Cesar 94. Posadas, Reynaldo 95. Poyaoan, Juphnar 96. Querubin, Ruben 97. Rebuena, Luis 98. Remorozo, Gerald 99. Reutotar, Ernesto 100. Reyes, Roehl 101. Rodriguez, Edward 102. Rondilla, Dony 103. Rosal, Justin 104. Sabalburo, Mark 105. Sagner, Limuel 106. Salvador, Buddy 107. Santos, Martina 108. Serrano, Eric** 109. Sipin, Perry 110. Soledad, Apple 111. Somera, Herman 112. Sy, Sanch Gerald | <ol style="list-style-type: none"> 113. Sy, Sancho 114. Tarculas, Josie*** 115. Tarculas, Lito*** 116. Tecson, Edgardo 117. Trinidad, Luis 118. Tuazon, Mon 119. Umandal, Ruel 120. Valentino, Hero 121. Valera, Liza 122. Ventura, Beatriz 123. Vinluan, Jehiel 124. Yambot, Rene 125. Yenke, Rene |
|--|--|---|--|

As of July 17, 2026

** New members*

*** Paid extra year*

**** Paid as couple*



**Please send your
\$60.00 Annual Membership Dues to:
SIS. CORY ALCANTARA
15253 Borda Rd., La Mirada, CA 90638**

**Please make check payable to: APOGLA
OR Zelle to: apogla.info@gmail.com
Zelle account under: APOGLA AA**

JULY BIRTHDAYS

MEMBERS

- 13 - RENNEL ATIENZA
- 16 - RUEL UMANDAL
- 17 - BETTA DAVID
- RENE PETRASANTA
- 18 - LITO TARCULAS
- 22 - RUTH MANALASTAS
- 26 - FERGIE MAMARIL
- 27 - MANDY JAVIERTO
- 29 - CORY ALCANTARA
- 30 - ROLAND PARAS

SPOUSES

- 05 - GIGI PARAS
- 12 - CARMELLE VENTURINA
- JANET DULDULAO
- 13 - EMY FISICO
- 15 - EVELYN LANGUISAN
- 17 - WINNIE CALVARIO
- 25 - CHING SALINAS
- 26 - FLORENCE PAGGAG
- 28 - ARACELI PETRASANTA

APOKIDS

- 02 - AUBREY RIVERA
- POCHOLO SERRANO
- JAN TARCULAS
- 08 - GENELLE ARROYO
- 10 - CHELSEA AGAGON
- 14 - JUSTIN JAVIERTO
- 18 - AILEEN VENTURA
- 22 - BRYAN CAJUCUM
- 23 - CHUCKIE YENKO
- 24 - MARA DAVID



APOGLA

SATURDAY, JULY 18, 2026

BLOOD DRIVE

9:00 AM ~ 4:00 PM

JULY GMM

5:00 PM

ROSEMEAD LODGE

8637 VALLEY BLVD.,
ROSEMEAD 91770

BRO SHANE - 626-361-0450

BRO PRES JOBEE - 909-551-1506

BRO VP PAUL C. - 818-648-5586



ALPHA PHI OMEGA
CENTRAL VALLEY OF CALIFORNIA
ALUMNI ASSOCIATION

LEADERSHIP • FRIENDSHIP • SERVICE

ACNA

Alpha Phi Omega (Philippines)
Alumni Council of North America

Council Meeting

- FALL 2026 -

SEPTEMBER 4-6, 2026
Crowne Plaza Hotel Foster City CA

UNITED IN PURPOSE. STRONGER TOGETHER.
*Continuing a Legacy of Leadership,
Friendship and Service.*

SCHEDULE OF ACTIVITIES

 ACNA COUNCIL MEETING Important discussions, updates and decisions for our brotherhood.	 GALA NIGHT A night of fellowship, recognition and celebration.	 DELEGATE REGISTRATION Secure your spot and be part of the decision making.	 HOTEL RESERVATION Comfortable stays at partner hotels and special rates.	 PRESIDENT'S CUP GOLF TOURNAMENT
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★ MARK YOUR CALENDARS! ★

Let's gather, reconnect and continue to make a difference in our communities and in the lives of others.

www.apocvcea.org
 APO CVC AA
  info@apocvcea.org

See You There!

**ONE BROTHERHOOD,
ONE MISSION.
ENDLESS IMPACT.**



250

Happy Birthday

AMERICA

1776 - 2026

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