Vol 42 Issue 4 OFFICIAL PUBLICATION OF THE ALPHA PHI OMEGA GREATER LOS ANGELES ALUMNI ASSOCIATION

April 2022



Final pose from APOGLA volunteers who stayed up until the City of Los Angeles cleanup crew arrived at Mile 13

# THE 37TH ANNUAL LOS ANGELES MARATHON

### **APOGLA's Bonjie Ingco Service Project**

#### By Art Rivera

The 37th staging of the LA Marathon was held on Sunday, March 20, 2022 four months after the last one. Last year's race was moved to November 2021 because of the pandemic. More than 3,000 volunteers and about 15,000 runners participated in the 26.2 mile course which snaked through the city's iconic neighborhoods. The "Stadium to the Stars Race" began at Dodgers Stadium passing through Downtown LA, Little Tokyo, Echo Park, Hollywood, Beverly Hills, Brentwood, Santa Monica and finishing at the Avenue of the Stars in Century City. Edgar Ninofranco initiated the participation of the association in 1986 and this was the 36th year that APOGLA has served in the famed Marathon and we are still running. To this day, the Sunday LA Marathon is one of the most anticipated and paricipated family activities of APOGLA. It was recently dedicated as *The Bonjie Ingco Service Project* when our beloved brother passed away.



## PRESIDENT'S MESSAGE

Greetings mga kapatid at kapamilya.

Time flies when you're having fun. The 2022 first quarter is over! Our GMM is growing every month. We have increased the GMM in person attendees while the number of virtual attendance has decreased. I think our virtual meeting will always be an option though, so we could cater to the needs of members with special needs, those who have moved to other states, or those who returned to the Philippines for whatever reason.

We thank Brother Jimmy Bautista and his wife Vilma for opening their home to host our GMM. That might be the last time for us to hold our meeting there as Brod Jimmy and Vilma are planning to go back to the Philippines to retire. Area Coordinator Brod Bernard and the rest of the San Fernando members did a good job for organizing the event and preparing the food. Once more, Gie Paras helped out and we are so thankful for this!

The LA Marathon was another successful service. With the leadership of Chairman Bro Egay Ninofranco, we have shown every year how we have become expert marathon volunteers. Thank you, all volunteers, for waking up really early on a Sunday morning to be there before dawn. Thank you for all the delicious food that energized us for the day. Congratulations Bro. Bodgie Gapido for completing the whole 26.2 miles. You make us all proud.

That weekend did not end till Monday when we had a "Meet and Greet" Dinner for our highest ranking Brother in the Philippine Government, Bro Bebot Bello, who was our guest. The dinner was hosted by VP Roland Paras at his residence. We were so honored by his visit. We thought that he had an agenda, perhaps political, knowing that the Philippine National election is taking place this year. But we were humbled that all he wanted was to spend time with us, his APO brothers and sisters.

We have another busy quarter ahead of us, starting with a very busy day in April 16. We begin the day with service to our community, Food Bank: Feeding America in the City of Commerce. This will be followed by our Easter BBQ Picnic and GMM at a park in West Covina. Ending the day will be more fellowship at Bro. Bodgie's home. At the last weekend of April, we are also going to ACNA Spring Meeting in Houston, Texas. Come join us!

In May will be our long-awaited Memorial Day Weekend Camping. We are planning to have a service, sports fest and our GMM during the camping. For the first time APOGLA will host a joint camping inviting our Brothers and Sisters from San Diego and South Bay.

In June, we have our bloodletting and our service in our home country by volunteering our manpower for the celebration of Philippine Independence Day.

So mark your calendar and let's get busy on the start of our 2nd quarter activities.

Always stay safe and healthy!

Mabuhay ang APOGLA!

Bro. Roehl Reyes APOGLA 2022 President

"Restoring Progress By Renewed Commitment"

#### Tribo ni Bado Newsletter

is a monthly publication of the Alpha Phi Omega Greater Los Angeles Alumni Association exclusively for its members, families and friends. The opinions expressed herein are those of the writers, and are not intended to represent APOGLAAA.

Editor in Chief Fely Montecillo

> **Publisher** Sancho Sy

#### Photos/Graphics by

Malene Bonete • Bodgie Gapido • Jimmy Magsino FB/Viber page

#### **Contributors**

Fely Montecillo • Roehl Reyes • Dan Nino Art Rivera • Emma Rubina-Galang • Irma Almazan

# The 37th Annual LA Marathon . . .

The Mile 13 Water Station is the midway mark of the race and has become APO's annual Sunday Morning party venue. Located along Sunset Boulevard across Laurel Canyon Boulevard, fronting the Laugh Factory with Hollywood Hills in the background, Mile 13 is one happy, noisy, excitement-filled sight to behold. Captain Egay and the team started to arrive at 4:30 in the morning to set up the water tables, the buffet table for breakfast, the DJ Chosy's, Music and Karaoke station and other needs for the runners and volunteers. Volunteer t-shirts were distributed by the team of Rene and Ophel. Potluck is the order of the day as each family brought in their favorite breakfast fare to be shared by all volunteers and friends. Donuts, Dinuguan with Puto, Fried Rice, Adobo, Miswa, cookies, kakanin, of course Starbucks coffee and many more colorful foods adorn the buffet table.

When the elite runners started to pass by, Mile 13 became a busy boulevard passing out water cups, cheering the runners and assisting those who needed help and medical aid. Volunteers took turns at the microphone to belt out their favorite Karaoke tune and cheer on the thousands of runners; many came in colorful and interesting attire and many ran and walked to fulfill their respective goals of achieving their personal best. In the end, Perseverance, Pride and Fun were the ultimate prize for the many runners and bikers who enjoyed the cool, calm, ideal, beautiful weather and the thousands of fans along the route.

We cheered when Santa Clarita runner Nic Montebon, Jr. arrived at Mile 13 as we took photos with him and a short respite and boost on his way to the finish line. Our very own Bodgie Gapido received a rousing welcome at Mile 13 and proceeded to finish with his personal best of a little more than 5 hours. The women's division title went to Devine Moringor of Kenya with a time of 2 hours 25 minutes and 3 seconds and then went on to win the top prize of \$10,000.00 for crossing the finish line first. The men's division champion was John Kovir, also from Kenya, with a time of 2 hours, 9 minutes and 7 seconds. Under marathon rules, elite female runners start the race 16 minutes and 5 seconds before the race.

Sad news dampened the marathon when 46 year old Trisha Paddock of Palos Verdes, a mother of three, was participating in the 13.1 Mile Charity Challenge where all participants were fundraising for one of the race's official charities. She was raising funds for the Asian American Drug Abuse Program which provides Asian Pacific Islanders with substance abuse services throughout Los Angeles County. She collapsed at the finish line and later died.

At about 11:30 in the morning, when most of the runners had passed the station, the team started to clean and break down the tables with the City cleaning crew and trucks slowly approaching the water stations. Photo opportunities were plentiful and when the final group photo was done, we went our separate ways into our respective homes for a well deserved rest and siesta.

Another service project completed, a sigh of relief and a refreshing feeling of gratefulness for a service well done. Kudos to all the family members, the children, our friends and new found friends on Mile 13. See you all again on March 19, 2023 Los Angeles Marathon! Cheers and Mabuhay and APOGLA!

#### Continued from page 1



Brod Bodgie Gapido

LA Marathon finisher

# Pictures from LA Marathon Service



# More Pictures from LA Marathon Service



# Pictures from the GMM hosted by Bro. Jimmy & Vilma Bautista



# Alpha Chapter Get Together @the Amon's



The Alphans old and new gathered for a simple celebration of ACAI's 26th anniversary at the residence of Brod Tony and Sis Ophel Amon.

It might have been simple but there was much food, melodic music, pleasantries and oh! so many stories to share!

Present were the hosts, Brod Tony and Sis Ophel, Brod Sancho Sy, Brod Rudy Flores and Liza with her Ate, Sis Rubilyn Fernando, Sis Fely Logarta -Montecillo, Sis Malou de Leon, Brod Jham Jamero, Brod Danny Blancada and other guests.

Sec/Brod Bebot Bello visits APOGLA hosted by Brod/VP **Roland & Gie Paras** 





## LA Marathon give recognition to APOGLA volunteers



APOGLA Brods Rene Calvario and Henry Valdecantos received Plagues of Appreciation from the Los Angeles Marathon and McCourt Foundation in recognition for their achievement of 30 years of volunteering in the world famous marathon. They were awarded for their "generous commitment, extraordinary service, dedication and support "to what has become one of the largest marathons in the country."

Formerly known as the City of Los Angeles Marathon, the LA Marathon is an annual running event typically held each spring in Los Angeles, California since 1986. The marathon was inspired by the success of the 1984 Summer Olympic Games.

The ever-active APOGLA Chairman of this activity, Brod Egay Ninofranco conferred the awards to the recipients in behalf of the LA Marathon and McCourt Foundation during last month's GMM.

#### Our APOGLA Family is growing! Congrats to the Galang, Congratulations to Erika Magsino and Lara's!



Erika and Jona Eric Martinez.



Quinn Lynnette Magsino



Grazie & Michael

and JJ Martinez for their newborn baby boy!And of course, first time Lola Sis Emma Rubina Galang!

To Jerome and Breanne Magsino for their new born baby girl Quinn Lynnette. And to Lolo/Brod Jimmy and Lola Lucy Magsino.

To Grazie and Michael Dizon who are expecting a baby boy soon. And would be Grandpa/Bro Bobet and Grandma Grace Lara.



# Let's Honor the Spouse: RENE JOVEN SISON YAMBOT

APOGLA takes pride in the fact that what makes us thrive in this APO corner of the world is its formidable family orientation! Our charterers realized early on, and it flourished amidst many challenges with familial members who have been equally inspired, spouses and children alike.

With mutual respect and open-mindedness, countless friendships, have developed; EGO's "checked at the door", so to speak.

Amongst the spouse, culinary delights (and Kakanins) recipes were unselfishly shared benefiting everyone at every opportunity; additionally,

the spouse's special talents and skills surfaced and then put to productive use by the association.

On the APO kids side, many close friendships evolved, most notable mention is the Scholarships program that has produced many civic minded citizens, emulating their parents as a role models.

It is on this premise that APOGLA dares to honor and give credence to familial members with the hope of making it a regular feature section of the TNB. Members shall be encouraged to nominate deserving ones (complete with a nominee write-up) and submit to TNB for regular publication. And with that I, Sis Irma Almazan shall get the ball rolling and started.

**RENE JOVEN SISON YAMBOT**, who I affectionately call Insan Rene (our familial roots both traced to Sta. Lucia, Ilocos Sur with the Hermosuras – my maiden name, as close relatives), has been an APOGLA asset since moving to Los Angeles from Kansas in 2000.

Insan Rene has served GLA in numerous ways, most notable of which, was the Ladies Hawaiian Nite, in recent memory. With her charismatic and social influence (especially in PI wives) such Ladies Night proved to be one to cherish!

Remember KITAKITS in 2006? Insan Rene's financial management acumen was put to excellent use with fiscal accountabilities in everyone's full view. Kitakits was a huge success, and she was a big factor. Of course, it helps that she has a Bachelors degree in Business Administration from the University of the East with a major of Accounting, Banking and Finance and Economics. She was Assistant Treasurer of APOGLOBAL Foundation for 2 years. She made sure that every penny tallies with the bank balance. She frequently says "InSan duling na ako" making sure all amount are tallied and balanced.



A lot to say about her professionalism but I know she never likes accolades. Insan Rene's family circle is a shinning model of a Filipino culture and lineage with humble beginnings. Happily married to Brother Ferdie Yambot, they raised 3 kids (Jove - 43 a retired US Army; Corina – 42 a head hunter for big companies like Boeing, Lockheed Martin and Marcus - 37 an FDA officer and a Lt Commander at the United States Public Health Service and a past APOGLA Scholar). All kids are relatively successful with their

own respective families.

Blissful and gratefully contented with 9 grandkids (5 of whom are Commercial models)

what more can a Lola (and Lolo) hope for? The couple hearts melt in seeing themselves in every one of the 9 apos! Ouite an abundance of BLESSINGS!

Brothers and Sister, let's all honor InSan Rene for her enormous contributions to our APOGLA family. I am very fortunate to have known InSan Rene and I'm sure the love there will be forever and ever.





## FROM MY POINT OF VIEW

BY BRO. DAN E. NINO
Past President, APO Global Foundation & APOGLA

### Always Remember If You Received Stimulus Refund

It has come to my attention that several qualified taxpayers — by either lapse of memory or for some unexplainable reasons — don't realize that they already received their Economic Impact Payment or the Recovery Rebate Credit otherwise known as stimulus refund amounting to \$1,400 under the American Rescue Plan Act (ARP) of the Biden Administration in 2021

This refund either came in the form of IRS check, debit card or was directly deposited to taxpayer's bank account. Even after interviewing them, they insisted that they never received this amount. Thereafter, they complained that after a couple of months, their refunds have not yet been received. After a thorough searching on their bank statement, only then did they realize that they actually received it. Of course, the delay of their refund is inevitable. The Internal Revenue Service had to adjust their refunds minus the \$1,400 for single filers or \$2,800 for married filing jointly. I advise them to check their bank deposits for proofs or accuracy.

- Unknown to many, if you bought an electric or plug-in car in 2021, car buyers of this model can get a credit rebate of \$7,500. This is so-called Alternative Motor Vehicle Credit (Tax Code 8910). Just inform your tax preparer so it can be inputted under Credit Menu. Just provide the year, make and model of the vehicle. This is a large sum of money. It is an incentive coming on the heels of rising gas not only this year but in previous years.
- It is interesting to note that more often than not, our Social Security pension benefit is not taxable. However, if married filing jointly have high income and high tax rate, a portion of this benefit is taxable.
- If you are providing care to a handicapped child or an elderly parent and received the Form W-2 under that person as an employer and you as an employee, this income is non-taxable.
- I advise my clients to monitor and keep their receipts or records of deductible items especially if they are in high income bracket but filing on an itemized deductions like out of pocket or co-pay doctor's visits, prescription medications, church tithings, charitable donations, car registration renewals. Everything counts nowadays. Don't rely on your memory.
- Those with high medical expenses can deduct only certain expenses that exceed 7.5% of their Adjusted Gross Income (AGI).
- When you install a solar panel on your roof to save on electricity, it is tax deductible. Make sure that the credit rebate that you received doesn't go to sellers of this energy solar panels. There are unscrupulous salesmen out there who take advantage of gullible buyers.
- There are times that financial institutions don't specify all the details on statement sent to shareholders. I advise taxpayers to provide complete information like the date they acquired their shares of stocks, the original cost, and the date and price they sold them. This will determine the capital gains which are taxable. Otherwise, you'll pay more taxes on your capital gains.
- And don't forget. If you have gambling winnings, better report them. Casinos provide the IRS your information.

Should you have some questions, please don't hesitate to write or call me at 562-508-8099 or email me at denino1951@gmail.com. The author wear several hats. He was a retired tax collector with a government revenue agency, a lifelong journalist, community leader, tax practitioner (income, sales tax and non-profit organizations), business consultant and motivational speaker based in Cerritos, California.



# GOINGS ON by Sis. Fely Montecillo

It's April! What does April bring to mind? April love, April in Paris, April shower bring May flowers, April wine, April rain, April morning and many romantic notions for this month. Here's hoping that your April be a lovely and wonderful month indeed!

And to all of our Brothers and Sisters celebrating their birthdays this month, HAPPY BIRTHDAY! With another candle on your cake, remember that age is just a number. Don't count the candles but look at the light they give!

April is associated with springtime, new beginnings, and a time to bloom. This is not a coincidence. April comes from the Latin verb "Aperire" which means "to open". Like the flowers and trees, it's a time to start fresh and shed those cool weather layers.

There are many celebrations observed this month. Some of them are: the International Guitar month, the Sikh heritage month in Ontario, Canada, National Pet month in the United Kingdom, the International Amateur Radio month observed globally, and April Fools' Day. We now have the Holy Week which is the holiest of all holidays. Good Friday practices are observed by the whole Christian world and so is Easter.

Those born between the dates March 21 to April 19 fall under the Zodiac sign of Aries, the Ram. They are fiery, passionate, go getters, spontaneous, courageous, have a sense of adventure and love to explore. They're determined and bold, and love to begin new projects. Leonardo da Vince, Jackie Chan and Mariah Carey are all born under the sign of Aries.

Those born from April 20 to May 20 fall under the Zodiac sign Taurus. They are reliable, patient, practical devoted, responsible and stable. They are, however, stubborn and uncompromising. They feel the need to be always surrounded by love and beauty. They are also practical and well-grounded. Renee Zellweger, Barbara Streisand and George Clooney are Taureans.

Congratulations to Sis Emma Galang who is now a first time grandma and to the brand new parents Jonathan and Erika (nee Galang) Martinez for the birth of their bouncing baby boy, Jonah Eric Martinez. Jonah was born March 18 and weighed 7 lbs. and 8 oz. A baby is always a joy to behold!

And not to forget.... Once again, Brod Egay Ninofranco deserves our admiration and warm congratulations for another successful service for the LA Marathon. The whole thing went smoothly! I brought young guests to let them experience how it is to be of service to others and they were just so ecstatic about it. It was indeed, a learning experience for them.

#### TREASURER'S REPORT By Sis. Emma Galang

1. Adriano, Mel 2. Agagon, Troy 3. Almazan, Alex 4. Almazan, Irma 5. Amon, Ofel 6. Amon, Tony 7. Ang-Gayon, Melody 8. Ansula, Bong 9. Aquino, Tagumpay 10. Aralar, Eric 11. Araneta, Carlo 12. Arevalo, Lester 13. Argonza, Vince 14. Arnaldo, Manuel 15. Arroyo, Geoffrey 16. Atienza, Oscar 17. Atienza, Rennel \*\* 18. Ayo, Toti 19. Bautista, Jimmy 20. Bayani, JR 21. Bonete, Malene 22. Bragado, Sam\*\* 23. Brillo, Oscar 24. Cajucom, Willy 25. Calvario, Rene 26. Carbon, Joel 27. Carrasco, Danny 28. Castillo, Nards 29. Clarete, Sam 30. Clavecilla, Nan 31. Cobarrubias, Bob 32. Conferido, Reuben 33. Cristobal, Lope 34. David, Betta 35. David, Christian 36. De Guzman, Nato 37. Delmolin, Froilan 38. Dime, Emmanuel 39. Emperado, Rudy

40. Enguero, Pam

41. Evangelista, Domel \*

42. Evangelista, Jen \*

43. Fajardo, Marilou

45. Ferrer, Jojo\*\*

44. Fernando, Rubilyn

- 46. Fisico, Teddy 47. Flores, Rudy 48. Ford, Bicbic 49. Franco, Rolly 50. Ganzon, Eleasar 51. Gapido, Bodgie 52. Garchitorena, Mar 53. Gomez, Tony 54. Gopez, Bernard 55. Gucilatar, Elma 56. Gucilatar, Mervyn 57. Guerrero, Jing 58. Ilagan, Manny 59. Imperial, Gloria 60. Jaranilla, Ogie 61. Javierto, Mandy 62. Jove, Nestor 63. Jove, Shirley 64. Jovellanos, Jobee 65. Junio, Virgil \* 66. Jusay, Nelson 67. Lara, Bobet 68. Lautchang, Wilson 69. Layno, Maryann 70. Linsangan, Jun 71. Madrigal, Jun 72. Madrigal, Tess 73. Magsino, Jimmy 74. Maidin, Yusup 75. Mansilla, Beeboy 76. Marte, Rocky 77. Martinez, Amy 78. Martinez, Jesse 79. Medina, Mishael
- 95. Pastores, Alex 96. Peneza, Jo 97. Perez, Aldren\*\* 98. Petrasanta, Rene 99. Petreace, Petchie 100. Picazo, Bobitte 101. Posadas, Rey 102. Rayala, Joar 103. Remorozo, Gerard 104. Reyes, Roehl 105. Rivera, Art 106. Rondilla, Donato 107. Rosal, Jet 108. Rubina-Galang, Emma 109. Sager, Limuel 110. Salas, Hazel 111. Salvador, Buddy 112. Schuller, Sharon \*\* 113. Serrano, Eric 81. Mendez, Daemma 82. Mendoza, Armand 83. Miranda, Shane 84. Montecillo, Fely 85. Ninofranco, Edgar 86. Noche, Caesar 88. Paggao, Jerome 89. Pagdanganan, Liz 90. Pangilinan, Angel
  - 114. Sevilla, Bobby 115. Sipin, Perry 116. Sy, Chowee\*\* 117. Sy, Sancho 118. Tarculas, Josie 119. Tarculas, Lito 120. Tecson, Ed 121. Umandal, Ruel\*\* 122. Urea, Connie \*\* 123. Valentino, Hero \* 124. Valera, Liza 125. Ventura, Beatrice 126. Venturina, Jimmy 127. Villaver, Eleonor 128. Villaver, Melvin 129. Yambot, Ferdie 130. Yenko, Rene \*\* - new members \* - paid until 2023

91. Paras, Roland

92. Paredes, Vic \*

93. Pascua, Dom

94. Pascual, Winston

### *HAPPY BIRTHDAY* APRIL CELEBRANTS

#### **MEMBER:**

- 01 Chito Atangan, Bobby Sevilla
- Bobet Peneza
- 04 Dimples Vallesteros
- Julius Parayno, Mark Sabalburo
- Melody Ang-Gayon
- 12 Jet Rosal, Vic Fisico+
- 13 Herman Somera
- 15 Troy Agagon
- 16 Butch Alo, Raul Tecson, Chris Silva
- Alan Orbe
- 19 Willy Alejandria, Danny Carrasco
  - Mac Lichauco
- 20 Paul Languisan
- 22 Ryan Abaigar
- 24 Christian David, Lester Arevalo
- 25 Oca Brillo, Karim Azar Grajo
- 27 Mike Cardenas, Egay Ninofranco
- 28 Ellery Atienza
- 30 Pete Villaver

#### **SPOUSE:**

- 05 Luzviminda Vinluan
- Christa Paredes
- Veronica Medina
- Fatima Medina, Teresa Paras
- Rose Lichauco
- 12 Maricar Gopez
- 15 Nellie Parayno
- 22 Jennifer Valdecantos
- 25 Lulu Somera
- 27 Babeth Jayoma
- Josie Likwong, Cherrie Rosal
- 30 Beth Capulong

#### **APO KIDS:**

- 01 Jaybe David, Dimples Serrano
- Jon Andrei Arciga, John Paul Turallo
- Alezza Pagdanganan
- Christopher Ayo, Zanie Zamora
- Chowee Sy, Virgil Junio, April Rivera
- Samantha Cajucom, Ajay Pangilinan
- Kingston Argonza
- Maurice Chua
- Paco Franco 16
- Nelia Barcelona, Laura Bautista Cameron Valdecantos
- Erica Galang, Helena Marte
- John Paul Languisan, Jean Valdecantos, Jestie Villanueva
- Dashiell Samoy, Maryann Nonato
- 23 Sebastian Tavera
- 24 Joenille Baxal, Christibel David
  - Carmina Lichauco
- 25 Marialita Estrada
- Arianne Posadas, Jenevie Amon
- -Cynthia Bautista
- Melvin Villaver Jr.
- 30 April Johanne Ang, Maegan Marie Serrano

# Please send your \$50.00 Annual Membership Dues to: SIS. EMMA RUBINA-GALANG 15844 Londelius St. North Hills, CA 91405

80. Medina, Raul

87. Pablo, Joel

All checks must be made payable to: **APOGLA** 

# APRIL SERVICE, EASTER PICNIC & GMM

### **ACTIVITIES this Saturday, April 16, 2022:**

### **FOOD BANK SERVICE:**

LA Regional Food Bank - Commerce Site 6055 E. Randolph St., Commerce, CA 90040

8 AM - Breakfast

9 AM - 1 PM Service

#### **EASTER PICNIC:**

**Cortez Park** 

2441 E. Cortez St., West Covina, CA 91791

10:30 AM - 4 PM

(If you're not signed up for Service, you can come earlier. This is POTLUCK, please bring your favorite dish to share)

Years of Service

#### **GENERAL MEMBERSHIP MEETING:**

Cortez Park
3 PM - 5 PM
Fellowship after TBA

### **CONTACT PERSONS:**

Bro. Roehl Reyes - (818) 359-2261

**Bro. Roland Paras - (562) 895-9529** 

See You this Saturday!

Calendar Summary for 2022					
2022 2nd Qtr Calendar of Events					
	GMM	Friendship	Service	Leadership	Fundraising
				ACNA Spring	
April	San Gabriel: Bodjie	Easter Picnic	Food Bank: Feeding America	Meeting	
			Tree Planting		
May	Camping	Camping/ Sportfest	Philippine Based Service/		Start of Raffle
			Philippine Independence/		
June	SFV : Emma Galang		Blood Letting		